

Monday Message

Jan. 17, 2022



President's Message

Dear all,

Today we recognize Martin Luther King, Jr. – Idaho Human Rights Day. It is a day wherein we celebrate and commemorate the importance of civil and human rights, and the achievements of Martin Luther King, Jr. It is a day through which we, together, continue the good work of Dr. King by encouraging each other to engage meaningful volunteerism, and asking and acting upon the important question “What are we doing for each other?” to the betterment of ourselves and our communities.

P.S. For any who missed last week's All-Campus Meeting, the recording can be viewed at: <https://vimeo.com/666159152>.

Cynthia Pemberton, Ed.D.
President

Events

- **Jan. 18 – Tuesday at Two** – President Pemberton's Tuesdays at Two continue through Zoom (<https://lcsc.zoom.us/j/861031866>). All are welcome to join the conversation. The President's travel schedule will impact some Tuesday at Two sessions including next Tuesday, Jan. 25.
 - **Jan. 24-28 – Education Week** – President Pemberton will represent LC State at the Idaho Capitol during Education Week on Jan. 24-28. She will be presenting to the Joint Finance-Appropriations Committee on Tuesday, Jan. 25, at 7 a.m., Pacific ([watch live](#)). She will also be speaking to the Senate and House Education Committees on Wednesday, Jan. 26. Streaming: [House Education Committee, 8 a.m.](#) | [Senate Education Committee, 2 p.m.](#)
 - **Feb. 4 & March 24 – Ask & Answer** – Ask & Answer will be held Friday, Feb. 4, and Thursday, March 24, in the SUB from noon-1 p.m. This is a live, in-person opportunity to visit with President Pemberton, ask questions and share information.
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Announcements

- **Coronavirus Updates & Risk Level:** For the latest coronavirus updates and information visit www.lcsc.edu/coronavirus. In accordance with its [Operational Levels Matrix](#), LC State's current risk level is: Moderate.
 - **Cases Update:** Currently there are **17** active cases and **2** students in isolation in campus housing.

- **Vaccine Availability:** To schedule an appointment with Public Health - Idaho North Central District visit www.idahoprepmo.com or call 208-799-3100.
- **On-Campus Vaccination Clinics:** CHAS Health will host three vaccination clinics on the Lewiston campus during the early part of the spring 2022 semester. Each clinic will be held in the Student Union Building/Center for Student Leadership, Room 143. CHAS is prepared to offer both the primary and booster doses as needed.
 - Jan. 19 from 9 a.m.-1 p.m.
 - Feb. 8 from 12-3 p.m.
 - Feb. 10 from 9 a.m.-1 p.m.
- **Available COVID-19 Tests:** Free at-home COVID-19 tests will become available via covidtests.gov this month. The website is scheduled to be live as of Wednesday of this week and every household can order 4 tests that will be mailed to your home address. These tests are free.
- **Unit Assessment Report (UAR), Program Performance, and Resource Request Form (RRF):** The Functional Area Committees (FACs) will review the RRF requests in January-February and chairs from each constituent group will meet with President's Cabinet to make resource recommendations reflecting the priorities of their respective group. [View the FAC schedules online.](#)
- **Mental Health Resource:** There's a mental health resource available for all LC State students, faculty and staff. Therapy Assisted Online (TAO) includes over 150 brief, effective, self-help educational sessions covering over 50 common topics and skills related to mental health, wellness, and substance use issues. TAO includes interactive sessions, mindfulness exercises and practice tools all aimed at helping you achieve your goals. [Learn more and register for an account online.](#) Contact the Student Counseling Center at counseling@lcsc.edu or 208-792-2211 if you have questions.
- **Seeding Our Tomorrows:** In the spirit of Martin Luther King, Jr. – Idaho Human Rights Day, we extend our thanks to the individuals and groups who worked together to make today's events possible. Thank you: LC State Native American club; Native American, Minority and Veterans Services; President's and Academic Vice President's offices; the Social Sciences Division; Student Government (ASLCSC), the Center for Arts and History; the Office of the Governor; the Nez Perce Tribe; the Washington-Idaho Volunteer Center; the YWCA of Lewiston-Clarkston and the many, many volunteers.
- **Campus Song for the Week:** "[Shed a Little Light](#)" by James Taylor

